



Health and Safety Policy

At Disability in Action, we prioritise the health, safety, and well-being of every child, parent, guardian, and staff member involved in our activities. We are committed to creating and maintaining a safe environment by identifying and minimising risks, implementing effective safety measures, and promoting a culture of safety awareness. Our Health and Safety Policy outlines our commitment to providing a secure and healthy environment for all:

1. Risk Assessment and Management:

- Conduct regular risk assessments of our facilities, equipment, and activities to identify potential hazards.
- Implement measures to minimise or eliminate identified risks, including but not limited to, proper equipment maintenance, safety guidelines, and supervision protocols.

2. Staff Training and Awareness:

- Provide comprehensive training for all staff members on safety procedures, emergency response protocols, and child supervision techniques.
- Ensure that staff members are aware of their roles and responsibilities regarding health and safety and are equipped to respond effectively to emergencies.

3. Child Supervision:

- Maintain adequate supervision of children at all times during activities, outings, and events.
- Implement appropriate staff-to-child ratios based on the age, needs, and nature of the activity to ensure proper supervision and attention.



4. Emergency Preparedness:

- Develop and regularly review emergency response plans for various scenarios, including accidents, injuries, medical emergencies, and evacuations.
- Conduct drills and simulations to ensure that staff members are prepared to respond swiftly and effectively in case of an emergency.

5. Safe Environment:

- Maintain clean, well-maintained facilities and equipment to minimise the risk of accidents, injuries, and illnesses.
- Regularly inspect and assess the safety of play areas, equipment, and amenities, addressing any hazards or concerns promptly.

6. Health and Hygiene Practices:

- Promote good health and hygiene practices among children, staff, and visitors, including proper handwashing, respiratory etiquette, and sanitation measures.
- Provide access to handwashing facilities, hand sanitizers, and other hygiene resources throughout our facilities.

7. Nutritional Guidelines:

- Offer nutritious snacks and meals that meet dietary guidelines and accommodate any dietary restrictions or allergies.
- Educate children and parents about healthy eating habits and the importance of nutrition for overall well-being.

8. Medication Management:

- Develop and implement procedures for the safe storage, administration, and documentation of medications for children with specific medical needs.



- Ensure that staff members responsible for administering medications are trained and authorised to do so.

9. Compliance with Regulations:

- Adhere to all relevant health and safety regulations, standards, and guidelines established by local, state, and federal authorities.
- Regularly review and update our policies and procedures to ensure compliance with current regulations and best practices.

10. Continuous Improvement:

- Encourage feedback from staff, parents, and participants to identify areas for improvement and implement necessary changes.
- Conduct regular reviews and evaluations of our health and safety practices to ensure effectiveness and relevance.

By adhering to this Health and Safety Policy, we demonstrate our commitment to providing a secure and nurturing environment where children can learn, play, and thrive safely. We recognize that maintaining health and safety is a shared responsibility and encourage the cooperation and support of all stakeholders in achieving our goals.

Disability in Action Management